

Submitted From our Members:



LEMON BLUEBERRY BREAD

A yummy quick bread recipe by Mama's Café and found on Allrecipes.com

INGREDIENTS: ½ Cup butter, 1 cup granulated sugar, 3 Tablespoons lemon juice, 2 large eggs, 1-½ Cup white wheat flour, 1 teaspoon baking powder, 1 teaspoon salt, ½ Cup milk, 2 Tablespoons grated lemon rind, ½ Cup chopped nuts (use your favorite), 1 Cup fresh blueberries or drained and thawed frozen berries. 2 Tablespoons lemon juice and ½ Cup granulated or powdered sugar for glaze.

INSTRUCTIONS: Preheat oven to 350 degrees. Grease and flour 4 X 8 bread pan

In a mixing bowl combine butter, 1 cup sugar, lemon juice and eggs. Beat until fluffy. Combine flour, baking powder and salt. Stir into egg mixture alternately with milk. Fold in lemon rind, nuts and blueberries. Pour into prepared pan.

Place in preheated oven. Bake for 60 minutes. Test to be sure the center is done. If it's not, bake another 5 or ten minutes. While baking, mix the glaze.

Remove from oven. Let set for 10 minutes. Turn out of pan onto wire rack and spoon glaze over the top of bread.

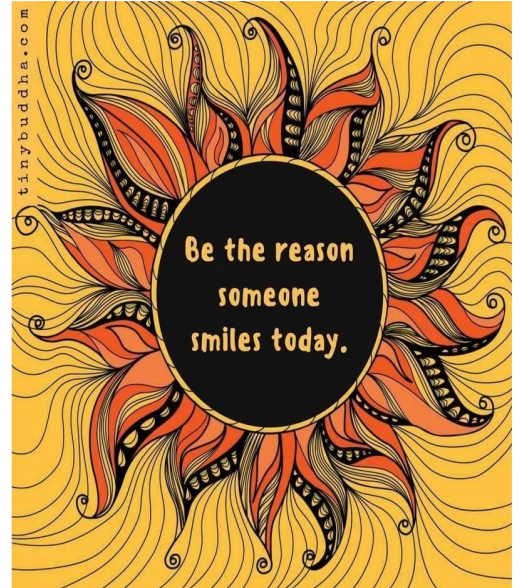
To make removal from pan and clean up easier, place parchment paper on the bottom of the pan before adding dough.

ENJOY!

This has been a great year for blueberries. They are a bit expensive to buy but are yummy and good for you.

Hope you all are staying healthy. We have had a beautiful summer. Dale and I have missed spending time with family and friends but know Covid 19 won't last forever and it's important to socially distance to stay as healthy as we can. Looking forward to seeing you all sooner rather than later.

Dee Veenendaal, McKenzie River Drifters.



Submitted by Dee Veenendaal

A RETIREE'S LAST TRIP TO KROGER'S

Yesterday I was at my local Kroger's buying a large bag of Purina Dog Chow for my loyal pet, Jake, the Wonder Dog, and was in the check-out line when a woman behind me asked if I had a dog.

What did she think..I had an elephant?

So because I'm retired and have little to do, on impulse I told her that no, I didn't have a dog, I was starting the Purina Diet again. I added that I probably shouldn't, because I ended up in the hospital last time, but that I'd lost 50 pounds before I awakened in an intensive care ward with tubes coming out of most of my orifices and IVs in both arms.

I told her that it was essentially a perfect diet and that the way that it works is, to load your pants pockets with Purina Nuggets and simply eat one or two every time you feel hungry. The food is nutritionally complete so it works well and I was going to try it again. (I have to mention here that practically everyone in line was now enthralled with my story.)

Horrified, she asked if I ended up in intensive care because the dog food poisoned me. I told her no, I stopped to pee on a fire hydrant and a car hit me.

I thought the guy behind her was going to have a heart attack he was laughing so hard.

Kroger's won't let me shop there anymore

Better watch what you ask retired people. They have all the time in the world to think of crazy things to say. Submitted by Joyce Davis